

**MAD Education, in conjunction with the Fascial Manipulation Institute presents Fascial Manipulation
Level 1b Hybrid Course**

The Fascial Manipulation Level 1 course provides the **basic principles of Fascial Manipulation**. In this course, you will learn how to map out the myofascial system, enhancing your surface anatomy and ability to navigate the soft tissue system through the body. By learning the biomechanics of the fascial network, the clinician will understand its role in pain and dysfunction and build the skills to palpate changes to guide your clinical practice. With this combined knowledge, clinicians will be able to assess the fascial system and effectively treat myofascial pain and restore normal tissue mechanics. The course includes:

- Online lecture material to understand the anatomical and biomechanical basis of Fascial Manipulation
- Three days face to face to learn the practical components
- Online Q&A's to further enhance integration of the Fascial Manipulation method into clinical practice and to share case studies
- In-person revision workshops following the course to review and refine the clinical application from the course

The course will be presented by Julie Ann Day, an Australian-Italian physiotherapist. Julie brings extensive experience and a wealth of knowledge in Fascial Manipulation, having began studying with Luigi since 1998 and teaching the method since 2003.

When

Friday 17th to Sunday 19th October 2025 from 9:00am to 5:30pm AEDT (Sunday finishes at 5:00pm)

Pre-course online webinar: Tuesday, 7th October from 7:30 – 8:30pm AEDT

Post-course online webinar: Tuesday, 28th October from 7:30 – 8:30pm AEDT

Post-course in-person revision workshop: Saturday, 22nd November from 9:00am – 1:00pm



How much: \$1760

How to Enrol

To enrol to the course, please [click here](#)

If you would like any further information, please feel free to contact Jack on:

Email: education@melbourneathleticdevelopment.com.au

Course Manual

Your course material will be provided at the course in printed format.

Course Location

The course will be held at:

Melbourne Athletic Development Physiotherapy
168 Hoddle Street, Abbotsford 3067, Melbourne, Victoria, Australia
Ph: (+61) 0447 637 454
Email: education@melbourneathleticdevelopment.com.au
Website: <https://www.melbourneathleticdevelopment.com.au/>

Course Parking

Parking is available behind Melbourne Athletic Development, accessible via Yarra or Vere St. There is also 2 and 4 hour parking zones available on Hoddle St and surrounding streets

*NOTE: Hoddle St does NOT have a clearway period on Saturday or Sunday

Food

During the course lunch will be provided daily. Tea, coffee and light refreshments will be available

